

4. SIDE TOEBACK
1,2- Step R to R, Strike tip of L toe crossed back of R
Reverse and repeat total 8
5. CHARLESTON STEP
1-2 Step R to R, kick L X frt R
3-4 Step L to L, toebck R X bk L
Total 8
6. WALTZ CLOG TIME STEP
1-3- Step L to L, R Shuffle Ballchange
4-6- Reverse
Repeat for 8 measures
7. WALTZ CLOG TIME STEP - FASTER
Repeat #7 Faster
8. STEP HEEL (WALKING)
Across floor
1,2- Step R fwd on ball tap, heeldrop R
Reverse and repeat for 8 measures
9. WALKS AND CLAPS
4 Walk claps
8 Fast walks
Repeat for 8 measures
10. HEEL-STEP (Also called "Heel-push", also called "Heel-ball", or "Heel-toedrop")
1- Place R heel fwd with R toe up
2- Drop R ball tap (toedrop)
Reverse and repeat across floor for 8 measures
11. FLAP BALLCHANGE
1,2- Flap R fwd, Ballchange L-R
Reverse and repeat across floor for 8 measures
12. FLAP BALLCHANGE - FASTER
Repeat #12 Faster
13. SUGARS (Also called "Sugarfoot")
1,2- Step fwd on R ball tap, foot turned out
3-4- Twist on R and step fwd on L ball tap
Continue for 8 measures - 4 slow and 8 fast
14. SHUFFLE BALLCHANGE EXERCISE
1-6- 3 R Shuffle Ballchanges
7,8- Step R, clap hands
Reverse, then repeat for 8 measures
15. WALKING (OR CHAINE) TURN, SHUFFLE HOP TOE COMBINATION
1-3- 3 step R walking R-L-R
4- Step L next to R
5-8- R Shuffle, Hop L, Toebck R, Step R
Reverse and repeat for 8 measures
16. SIDE AND CROSS COMBINATION
1-6- Step R to R, step L X frt R twice
1-8- R Shuffle Ballchange, step R-L-R (as Cha Cha Cha)
Reverse and repeat for 16 measures
17. SHUFFLE STEP COMBINATION
8&1- R Shuffle Step
2&3- L Shuffle step
4&5- R Shuffle Step
6,7- March, March L-R
Reverse and repeat for 8 measures
18. FRONT TOGETHER BACK TOGETHER AND BUFFALO COMBINATION
1-4- Step R fwd, step L fwd next to R, step R bk, step L bk next to R
5-8- Brush R fwd, tap R heel fwd, place tip of R toe X frt L
1-8- 3 R Buffalos and step R-L
Repeat for 8 measures
19. SHUFFLE HOP TOE STEP HEEL BALLCHANGE COMBINATION
1-8- Shuffle Hop Toe-Back Step R, Shuffle Hop Toe-Back Step L
1-8- Heel Ballchange R, 3x, Step R, Step L (Repeat all again)