

16. IRISH- FASTER

Repeat #15-Faster

17. SLAP (Brush step or brush down)

1- Brush R fwd, step down on R ball tap (momentarily shift weight on R, then immediately raise R foot again to repeat 8 with R, turn and reverse) ((This can also be done as a "Brush-Flat"))

18. SLAP - FASTER

Same as #17 - Faster

19. WALKING FLAPS

Across floor, walking Flaps changing feet. At first it is easier to do "brush-flat", then entirely on ball taps.

20. SLAP HEEL

1,2- Flap R fwd, heeldrop R
3,4- Hold (Raise R foot up to repeat)
8 with R, turn and reverse

21. WALKING OR MOVING FLAP HEELS

Across the floor, Flap heel changing feet

22. FRONT TOGETHER, BACK TOGETHER, BRUSH HEEL TOE

1-4- Step R fwd, step L fwd next to R, step R bk, step L bk next to R
5-7- Brush R fwd, tap R heel fwd, place tip of R toe crossed frt of L
8- Hold
4 times R only

23. HOP SHUFFLE STEP

1-3- Hop L, Shuffle step R
2-3 Raise L foot to reverse
4-5- Reverse (L Hop Shuffle Step)
Total 8

24. BALLCHANGE TURN

1-2 Ballchange R-L - Lift R foot at L knee.
3- turn to barre
4- step R
5-8 Reverse
1-8 Repeat. Reverse 4 times total.

25. BALLCHANGE TURN - Faster

1-4- R Ballchange, 4 L turn, step L and reverse -
Total 4

26. BALLCHANGE TURN - FAST

1,2- R Ballchange turn
3,4- L ballchange turn
Total 8

IMPORTANT NOTE: Once your dancers have learned ballchange turn, while they are doing their barre, after they execute an exercise with the R foot, have them execute a ballchange turn to face the other side to reverse the exercise, then again a ballchange turn.

B-SIDE CENTER FLOOR

1. RIGHT AND LEFT EXERCISE

1-8- Tap R fwd 3 times, together and reverse
1,2- Tap R fwd & together
3,4- Tap L fwd & together
5-8- Repeat and Count 1,2,3,4
Repeat except to sub. Heel. Repeat except to sub. Toebk. Repeat except to sub. hands.

2. SIDE TOGETHER SIDE DIG EXERCISE

1-4- Step R to R, step L next to R, step R to R- Dig L to R
5-8- Reverse 1-4 (L side together side dig)
1-8- Boogie Woogie, Boogie Woogie (Either Heeldrops R-L-R-L) or 4 Boogie walks bkws.
Repeat and walk forward

3. CAKEWALK KICKS

Side, Together, Side, Kick