

AL GILBERT GRADE 4 TAP TECHNIQUE, PAGE 4

#15: CRAMP ROLL TURNS ACROSS THE FLOOR

1-3 Step heel R, Step heel L, Step heel R, Cramp roll L-R, R-L, spotting on the 2nd heeldrop and the word "roll" (Opposition cramp roll, or same heel in direction going.

#16: FLAP HEEL TOE HEEL STEP BRUSH HEEL TURN ACROSS THE FLOOR

1-4 Flap heel R to R, Toeback L, Heeldrop R, Step L making 1/2 R turn to face upstage, backbrush R, Heeldrop L, completing turn, spot on last HEEL.

#17: MAXIE FORD TURNS ACROSS THE FLOOR

1-3 Leap R to R, Shuffle L, Jump R, Toeback R, end facing front, spot on "TOE". Also can cross toe in front for coupe' turn.

WALTZ CLOG ROUTINE

STEP ONE

1,2 1-6 Flap L, R shuffle ballch & reverse for Waltz Clog Time Step (FL SH BC)

3,4 1-6 6 flaps (FLAP 2,3,4,5,6)

5-14 Repeat Meas. 1-4 twice more

13,14 1-6 Repeat Meas. 1,2 Time Step

15,16 1-6 Flap L, Brush R X frt L, Hop L  
Jump R X frt L & clap twice

STEP TWO

17,18 1-6 Rep-at Meas. 1,2, time step.

19,20 1-6 Flap L, Brush R X frt L & reverse

21-28 Repeat 2 more times.

29-32 Repeat Meas. 13-16

STEP THREE

33,34 1-6 Repeat Meas. 1,2 time step

35,36 1-6 Flap L, L shuffle hop toe & rev.

37-44 Repeat twice more

45-48 Repeat Meas. 13-16

STEP FOUR

49,50 1-6 Repeat Meas. 1,2

51,52 1-6 L Maxie Ford turn, Lunge & Hold

53-56 Reverse Meas. 49-52

57-60 Repeat Meas. 49-52

61-64 St R X frt L, bells up to L  
Rev, rep, Jump L fwd for finish.

SOFT SHOE ROUTINE STEP ONE

1-8 Repeat Exer. 17 (front essence & break)

STEP TWO

9,10 1-8 Step B to R to R, Step L X bk R, Jump R to R  
Step L X frt R, repeat, Flap R, Heeldrops L-R

11,12 1-8 Reverse Meas. 9,10

15,16 1-8 R & L paddle turns.

STEP THREE

17-22 Back essence comb, Exer #6 B side.

23,24 Repeat Meas. 7,8, break.

STEP FOUR

25 1-4 Flap R, Shuffle L frt & side, ballch L-R  
Lunge L

26 5-8 Repeat Meas. 25

27 1-4 3 flap heels R-L-R, turning R, ballch L-R

28 5-8 Reverse Meas. 27.

29,30 1-8 Repeat Meas. 26,27

31,32 1-7 5 Flap heel turns R, step L & bow.

BUCK ROUTINE

STEP ONE

1,2 1-8 2 Flap ballch, 4 flaps

3-6 Repeat 2 more times

7,8 1-8 4 walks front R-L-R-L

STEP TWO (TRAVELING TIME STEP)

9-14 Repeat Exer 1, B side, 3 times

15,16 1-7 Jump L, R Maxie Ford twice & Jump L  
for MAXIE FORD BREAK

STEP THREE (BUFFALO FALLING OFF LOG BELLS

17-22 Repeat Exer #3-B, 3 times

23,24 Repeat Meas. 16,16 (MAXIE FORD BREAK

STEP FOUR (HOP SHUFFLE HOP & IRISH)

25-32 Repeat Exer 16-A side

STEP FIVE (FLAP CRAMP ROLL)

33-40 Repeat Exer #21-A

STEP SIX (CINCINNATI)

41-46 Repeat Exer #4-B 3 times

47,48 Step R, Brush hop step L, Brush Hop  
step R, Brush hop step L, ballch R-L

STEP SEVEN (5-TAP RIFF WALK)

49-56 Repeat Exer 22-A, 16 riff walks to  
stage L, ready for turn

STEP EIGHT (FL HL TOE HL ST BR HL TRN)

57-63 Repeat Exer 20B, 7 times turning R  
across the stage,

64 3-step R chaine turn, Lunge L for finish.

NOTE: THERE ARE MANY MANY TRAINING AIDS NOW AVAILABLE OF ROUTINES IN THIS GRADE 4 TAP LEVEL. PLEASE SEND FOR YOUR CURRENT LISTING AND BE SURE YOUR STUDENTS ACCOMPLISH AT LEAST 3 DANCES WITHIN THE GRADE BEFORE BEGINNING GRADE 5 TAP. GRADE 5 TAP IS REALLY THE START OF "ADVANCED TAP WORK". WHILE STARTING ON GRADE 5 TECHNIQUE, CONTINUE TO GIVE YOUR STUDENTS IN THIS GRADE 4 LEVEL AND WAIT UNTIL THEY ARE WELL INTO GRADE 5 BEFORE YOU GIVE THEM A GRADE 5 ROUTINE.

KEEP ON TAPPING...

AL GILBERT

ADDED NOTE: THIS GRADED MATERIAL NOW ADVANCES UP TO GRADE 8 LEVEL AND PERHAPS SOON THERE MAY BE A GRADE NINE. ALSO THERE ARE MANY TRAINING AIDS THAT ARE "PROGRESSIONS IN TIME STEPS" AND "PROGRESSIONS IN TURNS" & OTHER "PROGRESSIONS" THAT WILL ADD TO YOUR TECHNIQUE

AL GILBERT