

R. #29 CONTINUED

§3-§6- Repeat for total of 6 and Ballchange turn and reverse

703 - B SIDE

1. SHUFFLE STEP, CHANGING FEET

2 Shuffle step R-L - front

2 Shuffle Step R-L - side

Repeat for 8 measures

2. SINGLE WALTZ CLOG TIME STEP

1- Step L (or jump L)

§2&3- R Shuffle Ballchange

4-6- Reverse - 8 measures

3. DOUBLE WALTZ CLOG TIME STEP

Same as #2 except to substitute Flap for step

4. FLAP BALLCHANGE AND SUGARS

§1-§4- 2 Flap Ballchanges R-L

5-8- 4 Sugars R-L-R-L across floor - 8 measures

5. FLAP BALLCHANGE AND FLAPS

§1-§4- 2 Flap Ballchanges R-L

5-8- 4 running or walking flaps R-L-R-L across floor - 8 measures

6. FRONT SOFT SHOE ESSENCE

§§a2- Step R to R, brush L X frt R, Ballchange L-R w/L crossed frt R (front-change)

§§a4- Reverse (L essence)

§§a6- Repeat (R essence)

§7&a8- Ballchange L-R, Brush L cross frt R and front-change L-R. Reverse and repeat 8 measures

7. SOFT SHOE ESSENCE CROSSING IN BACK

Same as #6 except that it is a back-change instead of front-change

8. GRAPEVINE

1- Step R to R

2- Step L X back R

§3- Jump R to R, Step L X frt R

4-6- Repeat (side, cross-back, jump frt)

7-8- Lunge 2 and hold. Reverse and repeat 8 measures

9. HALF GRAPEVINE

1-4- Step R to R, step L X bk R, Jump R to R, step L X frt R, step R to R

Reverse and repeat 8 measures

10. SCISSORS

§1&2- Jump R to R, step L X frt R, Jump R to R, tap L heel to the L

Reverse and repeat 8 measures

11. COMBINATION OF GRAPEVINE, HALF GRAPEVINE AND SCISSORS

1-16- Repeat Exercise #8 (R & L) (2 Grapevines)

1-8- Repeat Exercise #9 (R-L) (2 half grapevines)

1-8- Repeat Exercise #10 (R-L-R-L) (4 scissors)

12. SIMPLE PADDLE TURN

§1-§4- Flap R to R, 3 L-R Ballchanges making R paddle turn. Reverse and repeat 8 measures

13. WALKING OR CHAINE TURN BALLCHANGE

1-4- 3 step Chaine turns R-L-R Ballchange L-R

Reverse and repeat - 8 measures

14. FLAP-WALKING OR CHAINE TURN BALLCHANGE

Same as #13 except to substitute flaps for steps

15. FLAP HEEL CHAINE TURN

§1,2- Flap heel R to R

§3,4,§5,6- Flap heel L & R making R chaine turn

§7&8- Ballchange L-R twice moving to R

Reverse and repeat - 8 measures

16. SUSIE-Q COMBINATION

1,2- R Susie Q (Stamp R crossed frt L with R toe facing the L, then step L to L as rises and swings to the R)

3-6- 2 more R Susie-Q

7,8- Step R next to L -- Reverse and repeat - 8 measures